

A handy reference extract from *PracticeOps for Coaches – COMMAND CENTER*

Quick Diagnostic Reference

Use this when something feels "off" but you can't pinpoint what:

If you're experiencing...	Likely Pattern	First Action
Great numbers, bad gut feeling	Data Integrity	Rate last 5 sessions honestly
System getting more complex	Architecture Drift	Revert to basic template
Avoiding the spreadsheet	Update Discipline	5-minute Friday update only
Decisions don't match data	Metric Misinterpretation	Ask "So what?" for each metric